

Eucharistic Adoration.

"The Church and the world have great need of Eucharistic Adoration. Jesus waits for us in this sacrament of love. Let us be generous with our time in going to meet Him in adoration and contemplation full of faith. And let us be ready to make reparation for the great faults and crimes of the world. May our adoration never cease."

St. Pope John Paul II

(Dominicae Cenae: Letter to Priests, Holy Thursday, 1980)

"Dear young people, Jesus is our hope, It is He, who stirs in you the desire to do something great with your lives... to commit... to improving yourselves and society, making the world more human and more fraternal...Let us remain united to Him, let us remain in His friendship, always, cultivating it through prayer, Adoration, Eucharistic Communion, frequent Confession, and generous charity, following the examples of Bl Piergiorgio Frassati and Bl Carlo Acutis who will soon be declared saints." Hence, he invited, "Aspire to great things, to holiness, wherever you are. Do not settle for less. You will then see the light of the Gospel growing every day, in you and around you."

Pope Leo XIV

At the Mass for the Jubilee of Young People at Tor Vergata in Rome on Sunday 3 August 2025.

"When we receive Christ," the Holy Father explained, "the love of God expands inside us, radically modifying our hearts and making us capable of gestures which, by the contagious power of goodness, can transform the lives of people around us."

Pope Benedict XVI. 15/06/10.